



KNOW YOUR WHY?





**HERE ARE SOME REASONS PEOPLE SIGN UP....**

- **TO LOSE WEIGHT**
- **TO BE ABLE TO GO HIKING**
- **TO BE ABLE TO PLAY WITH KIDS**
- **TO WAKE UP PAIN FREE**



The background features a light-colored marble pattern with soft, greyish veins. Overlaid on this is a faint, sketchy illustration of a pair of wings, possibly from an angel or a bird, with detailed feathering. The wings are positioned behind the text, extending from the top towards the bottom of the frame.

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## WRITE IT DOWN

