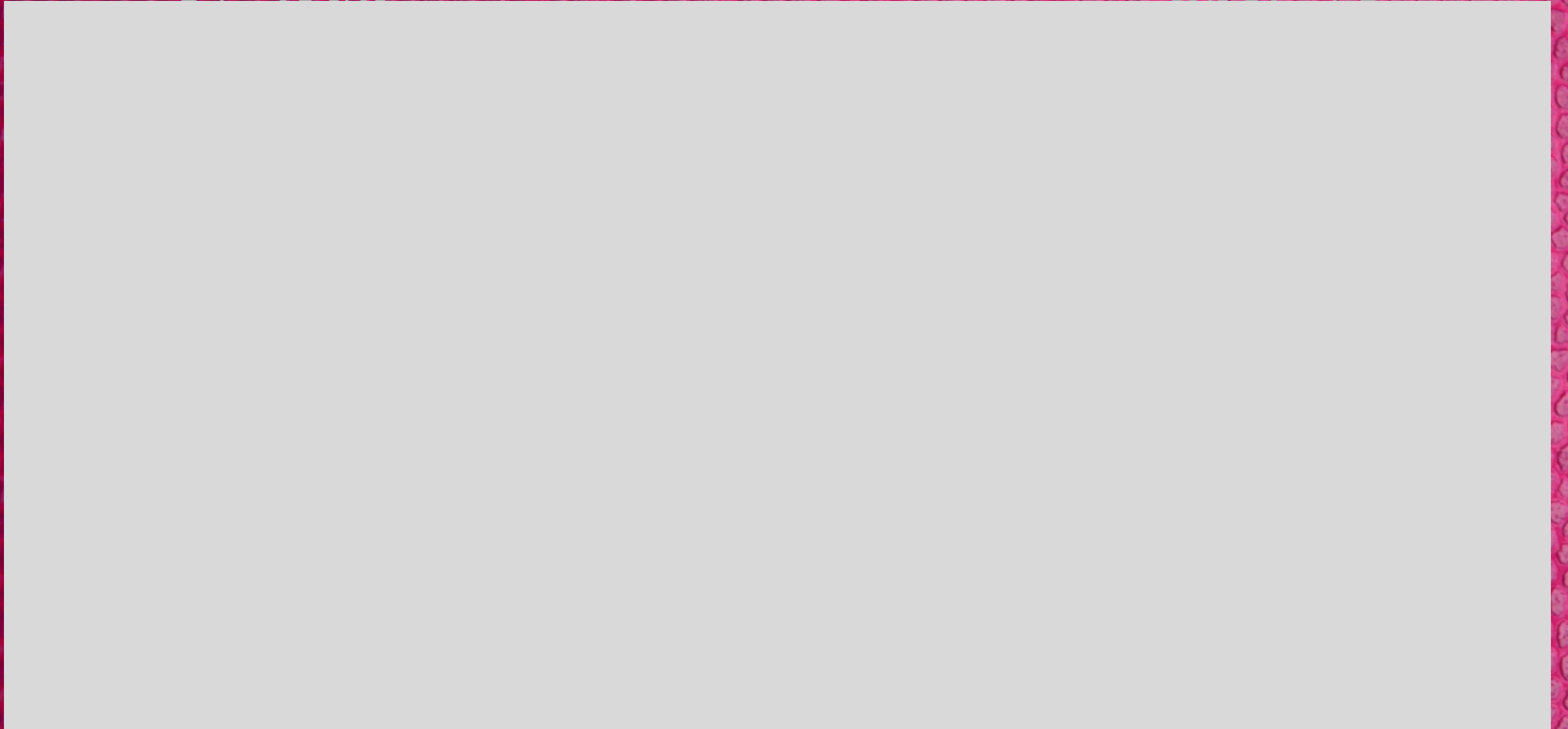


1% WINS

Incremental change is they key, so log every thing you do towards your goals,





1% WINS

And keep logging.....